



Norfolk Days Out Guide

Adrenaline Day

1. Extreeme Adventure in Weasenham with quad bike trekking and an army style assault course. Lunch - Stop off locally at Wittles Cafe in Castle Acre or the Dabbling Duck in Great Massingham for a pub lunch.
2. [High Lodge](#) at Thetford Forest - [Go Ape high ropes](#) and cycle trails across the woodland plus archery and 4 walking trails.
Lunch - cafe at High Lodge plus there are plenty of picnic areas and if you book in advance they have BBQ's you can hire
3. Back to Wilderness offer Axe throwing sessions at Brandon Country Park, part of Thetford Forest and can be booked for [private sessions](#).

Culture Day

Spend the morning at the [Sainsburys Centre for Visual Arts](#) with exhibitions and sculptures in the grounds outside (free entry apart from special exhibitions and events), enjoy lunch in their cafe and then head into Norwich to visit the [National Centre for Writing](#) and explore the [Norwich Lanes](#) with an abundance of cafes and tea rooms for an afternoon coffee and cake.

History Day

Start the day by visiting one of the excellent [Museum of Norwich at the Bridewell](#), [Norwich Castle](#) or [Norwich Cathedral](#). For lunch choose from the cafes at the Castle or Cathedral or head to St Benedicts Street - our favourite is the Bicycle Shop. In the afternoon explore the city of Norwich's historic pattern of streets with hidden alleys, courts and lanes. Download the [Norwich Nooks and Crannies guidebook](#) before you head off (or grab a paper copy from the tourist information) with a choice of 3 walks.

Beach day

You can't go far wrong with a day at a Norfolk beach and with so many to choose from there's sure to be something for you. We've pulled together a list of Norfolk's [most popular beaches](#), including Wells, Holkham, Cley, Horsey Gap & Great Yarmouth and Cromer. Plenty of lunch options but the best fish and chips has to be [No. 1](#) in Cromer or [Plattens](#) in Wells seafront.

Rainy day

Sealife Centres - [Hunstanton](#) & [Great Yarmouth](#) are a great option year round. [Time and Tide Museum](#), [Museum of the Broads](#) and [Gressenhall Farm and Workhouse](#) are open from Spring until the end of October. Or visit one of Norfolk's many Stately homes, including [Blickling Hall](#) or heritage railways including the [North Norfolk Railway](#) between Sheringham and Holt, the [Bure Valley Railway](#) between Aylsham and Wroxham.

Relaxing day

Take [Iamas](#) for a walk in the morning, visit the local pub for a hearty lunch - choose from either the [Fox in Lyng](#) or [Parson Woodforde in Weston Longville](#) & return to your accommodation to read a book or enjoy an afternoon sauna session.